

Title: Male reproductive health Challenges, fertility desire and coping strategies among young couples.

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Abstract: There is a dearth of information on strategies that wives employ in a marital relationship that involves husbands with sexual challenges neither are there popular interventions to enhance enduring conjugal relationships where such problems exist in Nigeria. This study examined the incidence of male sexual diseases, the influence of fertility desire and coping strategies among young couples in Nigeria. The data was extracted from a 2010 survey of 435 couples in the southwest Nigeria. Data were analyzed using univariate and logistic regression techniques. The common male sexual diseases identified include erectile dysfunction (10.5%), gonorrhoea (12.7%), low sperm count (0.1%), testicular cancer (6.3%), prostate (3.2%) and prostate cancer (1.6%). Where the husbands experience erectile dysfunction, prostate or gonorrhoea, the couples are 0.064, 0.898 and 0.583 times (respectively) less likely to enjoy marital satisfaction. The study concludes that marriage counselors, social and health workers need to focus on erectile dysfunction, gonorrhoea and prostate as major determinants of sustainable marital satisfaction. It recommends public awareness on male sexual diseases and establishment of robust specialized reproductive healthcare services to cater for health needs of men who are experiencing sexual problems

Key Words: *male reproductive health, young, conjugal relationship, coping strategy*